

Technology Makes Us Artificial

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"Artificial Intelligence" is technology that enables machines to stimulate human learning; The artificial part of this word comes from the fact that it is produced by humans, to copy something natural which in this case is human intelligence. Concerns around this technology slowly gaining sentience or consciousness are nothing new, but what of the idea that the same technology is also making humans increasingly "artificial"?

Authenticity is a unique trait AI cannot replicate, as AI is based on the concept of mimicking human intelligence. However, AI seems to pose an increasing threat against the authenticity in human nature, which is the main factor in making us behave less sincerely and more towards "artificial".

The rise of social media and digital communication has undoubtedly transformed human relationships. From face-to-face to behind screens, the shift has been drastic and following suit are the new ways in which people now express emotions and form relationships.

In social media, people generally display a polished version of themselves which may not be reflective of their true conditions. This brings us to the idea that genuine and in-person connections have been replaced by shallow exchanges focused on online images. This can compel people to exaggeratedly portray themselves positively, drawing away from the idea of expressing themselves genuinely. Not only does this affect the depth of relationships formed, but also creates another version of reality wherein appearance and the concept of perfection is prioritized over authenticity.

As technology continues to progress at a rapid rate, its ability to reshape human behavior in ways that push the boundaries of what it means to be "human" and not "artificial" follows as well. Ultimately, the quality of humans being true to themselves is falling behind their drive for perfection, inherently leading us to a breeding ground for insincere, artificial-like behavior.