

Happiness is an abstract concept

Happiness is something everyone wants, no matter where they live, what culture they are from, or how much money they have. It is a feeling of joy that we can feel but cannot see, making it an abstract idea. Happiness is different for each person. What makes one person happy might not make someone else happy because it depends on their own experiences, values, and what they expect in life.

Happiness can come from many things, like spending time with family and friends, doing well in school or sports, or getting something new. However, these things don't always last. For example, someone might feel happy when they buy a new phone, but the happiness might go away after some time. In the same way, being in a good relationship can make a person happy, but if the relationship ends, that happiness can fade over time especially if you are lonely.

Happiness is also hard to measure. It is not like a physical object you can touch, see, or hear. It only exists in our feelings and thoughts. This makes it hard to describe because happiness looks different for every person. Some people can have objects to make them happy or even a certain place.

Happiness is not always the same either. It can change depending on your mood, what is happening in your life, or what you have been through. A person might feel happy one moment and then feel sad or okay the next. This shows how hard it is to explain or define happiness. Sometimes happiness can even depend on where you are, for example when we are on holiday this makes the adrenaline rush in us. Making us more happy and excited.

Happiness is something we all feel in different ways and situations. It is personal, it can't be touched and can sometimes change. Even though we can't fully explain it, we all want to find it and enjoy the moments that make us happy