## Students Should Not Be Allowed to Play Mobile Games

Many people, particularly students, like playing mobile games as entertainment these days. However, it may affect their academic performance, that is why children shouldn't be allowed to play mobile games in class or in their free time. There are several reasons for this.

First of all, playing games on your phone may be really distracting. Students tend to get distracted from their academic work when playing games on their phones. Playing video games for an extended period of time has been demonstrated to shorten attention spans and make it more difficult for students to focus on critical abilities like writing, reading, and problem-solving. As a result, they can perform less academically and have fewer options for the future.

Second, using a mobile device to play games may encourage bad habits. Many kids become addicted to their phones and play games for hours on end, which keeps them from exercising. As a result, health issues including eye strain, poor posture, and obesity may worsen. Playing mobile games for extended periods of time may prevent students from being active, which is important for their overall health.

Playing mobile games can also damage social skills. Students who use their phones excessively may become distant from their loved ones. They might therefore experience loneliness and find it more difficult to engage with others face-to-face. Building strong relationships and social skills is essential to a student's personal growth.

In conclusion, even if mobile games could entertain students, they may have a detrimental effect on a student's education, health, and social life. It is necessary to motivate kids to focus on more productive activities that will support their academic and personal growth. Their parents and teachers ought to educate them with more effective time management skills.